Presentation

• Overall context

• Estonian long-term care reform, examples

• Remarks/suggestions
Deinstitutionalisation – our priority

Expert conference “Dignity + Independent Living = DI”

(Tallinn 12-13 October 2017)

• Focus: deinstitutionalisation policies and practices.

• Aim:
  • To accelerate transition from institution-based services to community-based services in the EU member states;
  • To propose new approaches to the development of concept and financing of DI and promotion of human rights respectively;
  • To support the development of the EU-wide framework of participatory social welfare policies.

• Council Conclusions based on discussions at the conference.
Enhancing Community-Based Support and Care for Independent Living, EPSCO Council on 7 December 2017

- economic and social cohesion, combatting social exclusion and discrimination and a high level of employment and social protection
- enabling individuals to fulfil their potential so that they can take an active part in social and economic life
- the need for smart interaction between social and economic policies, encouraging innovation, the promotion of entrepreneurship, and investment in human capital
- adoption of measures to enhance the activation and empowerment of people of all ages
- the principle that everyone has the right to live independently within their community
- clear strategy and strong investment should be provided to develop modern high-quality community-based services and to increase support for caregivers
Overall situation

- Ageing population
- Burden of care
- Lack of workforce
- Overall costs
- Infrastructure investments
- Independent living/human rights
- New technology
- Economy
Strategic planning comes first

- Welfare Development Plan 2016-2023
- Childrens and Families Development Plan 2012-2020
- Population Health Development Plan 2009-2020

Employment and support
- High level employment and long working career
- Decreasing inequalities and poverty
- Gender equality and increasing social involvement

Adequate social support

Equal opportunities

Independent living and participation
Increasing need for care

• By 2023 up to 10 000+ elderly needing care

*sihtasemed (2016. aasta tegelik tase)
Different burning issues

- Financing of LTC is fragmented across many sources, including user out-of-pocket payments
- Institutional care absorbs 50% of funding
- Informal carers not adequately supported
- Local municipalities free to define their approach
- LTC spending projected to double by 2060
ACCELERATING COMMUNITY BASED CARE

HUMAN RIGHTS, DIGNITY and INDEPENDENT LIVING THROUGHOUT THE LIFE

- Exchange of promising practices, evidence-based innovative solutions and expertise
- Set up framework to measure the quality and success of DI
- Support launching of structural reforms
- Collect comparable data
- Initiate public debate and regularly monitor the public opinion
- Prevent institutionalisation and promote high-quality home-like support
- Develop suitable needs-assessment and provide innovative tailor-made support accordingly
- Involve and empower communities by using smart solutions
- Provide employment for people from residential institutions and care sector

SUPPORTIVE INFRASTRUCTURE and LIVING ENVIRONMENT
Necessary to:

• increase support for informal carers

• continue to strengthen local governments’ capacity to deliver services, monitor and report on outcomes.

• health and social care integration

• development of community-based, institutional and to carers directed integrated services
LTC reform – not only spending

- 127 to 188 million Euros per year

+ 22 to 110 million Euros per year
MEASURING THE SUCCESS

**SYSTEM**
- cost effectiveness of the financing
- use of integrated data
- standardisation of LTC services
- local government service provision capacity
- increase of service providers
- share of skilled workforce in LTC

**INDIVIDUAL**
- care burden of relatives
- out-of-pocket costs of service users
- quality of life of LTC clients

**SOCIETY**
- share of independently coping elderly
- at-risk-of-poverty of people with LTC needs
- labour market participation of persons with care burden
- attitudes of the society

Source: Praxis. Impact areas to measure the success of DI (draft concept paper)
Summary/conclusions

- LTC/DI needs a systematic approach and a solid strategy
- Social protection should be seen as an investments into human capital
- Smart interaction between social and economic policies
- DI as a tool for economic growth – more emphasis!
Thank you!

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