



REPUBLIC OF ESTONIA
MINISTRY OF SOCIAL AFFAIRS

Long term care and DI - Estonian perspective

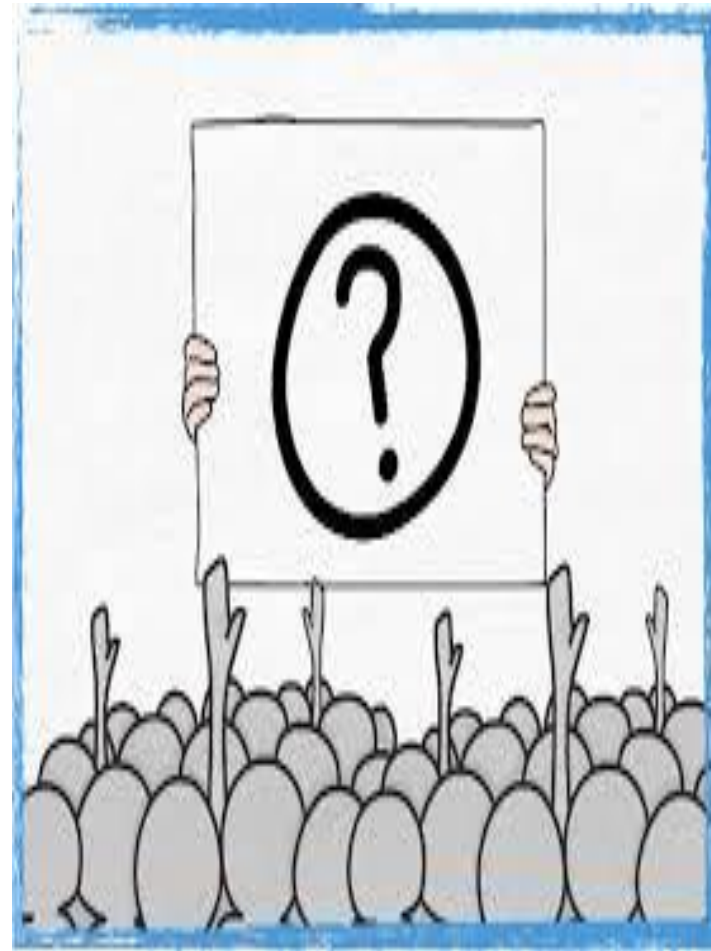
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Estonia

Presentation

- Overall context
- Estonian long-term care reform, examples
- Remarks/suggestions



Deinstitutionalisation – our priority

Expert conference “**Dignity + Independent Living = DI**”

(Tallinn 12-13 October 2017)

- Focus: deinstitutionalisation policies and practices.
- Aim:
 - To accelerate transition from institution-based services to community-based services in the EU member states;
 - To propose new approaches to the development of concept and financing of DI and promotion of human rights respectively;
 - To support the development of the EU-wide framework of participatory social welfare policies.
- **Council Conclusions** based on discussions at the conference.

„Enhancing Community-Based Support and Care for Independent Living“, EPSCO Council on 7 December 2017

- **economic and social cohesion**, combatting social exclusion and discrimination and a high level of employment and social protection
- enabling **individuals to fulfil their potential** so that they can take an **active** part in **social and economic life**
- the need for **smart interaction between social and economic policies**, encouraging innovation, the promotion of entrepreneurship, and investment in human capital
- adoption of measures to enhance the **activation and empowerment of people** of all ages
- the principle that **everyone has the right to live independently** within their community
- **clear strategy and strong investment** should be provided to **develop modern high-quality community-based services** and to increase **support for caregivers**

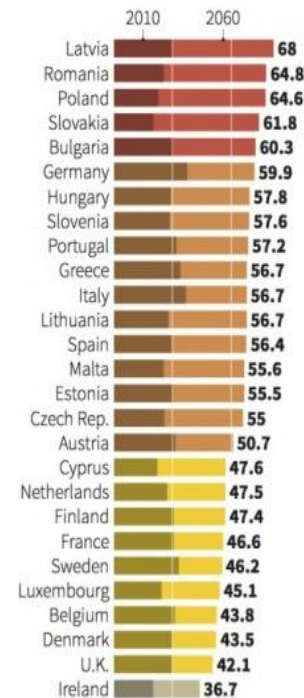
Overall situation

- Ageing population
- Burden of care
- Lack of workforce
- Overall costs
- Infrastructure investments
- Independent living/human rights
- New technology
- Economy

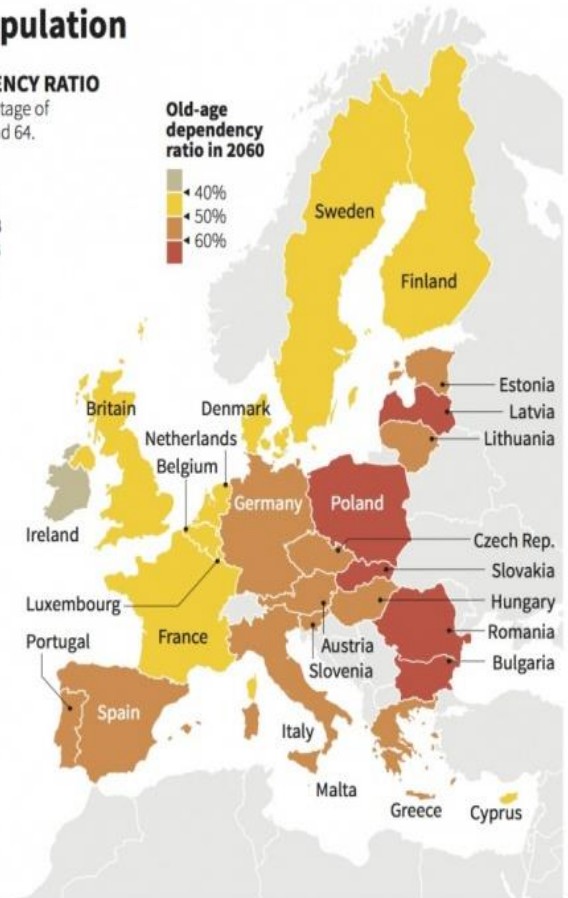
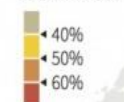
Europe's ageing population

PROJECTED OLD-AGE DEPENDENCY RATIO

Number of persons aged 65 as a percentage of number of persons aged between 15 and 64.



Old-age dependency ratio in 2060

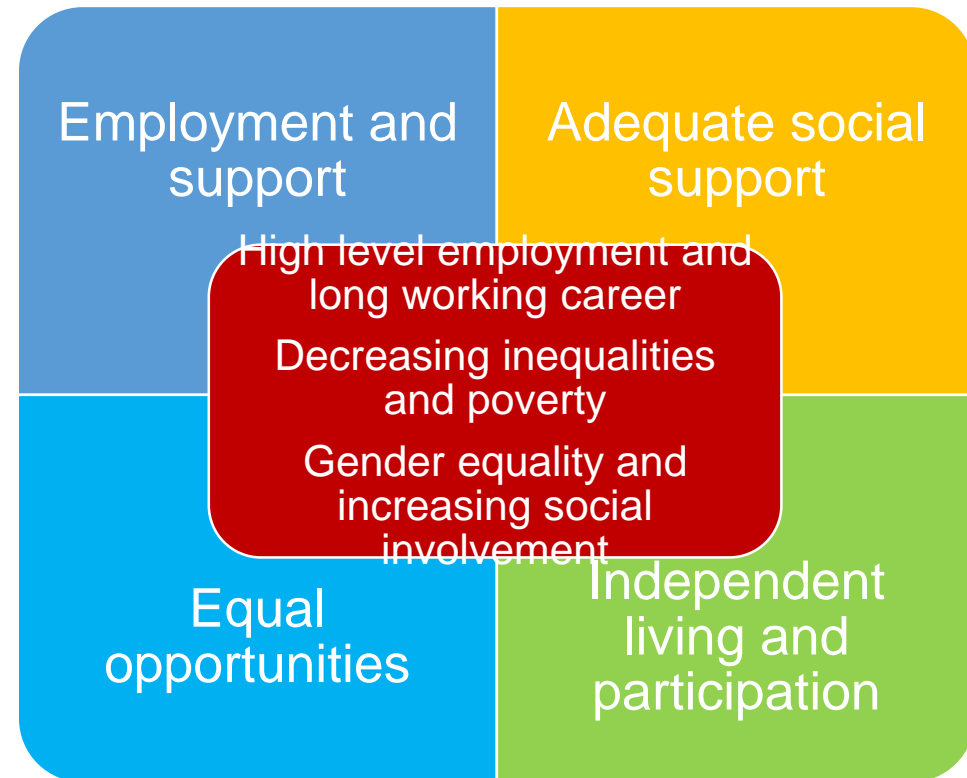
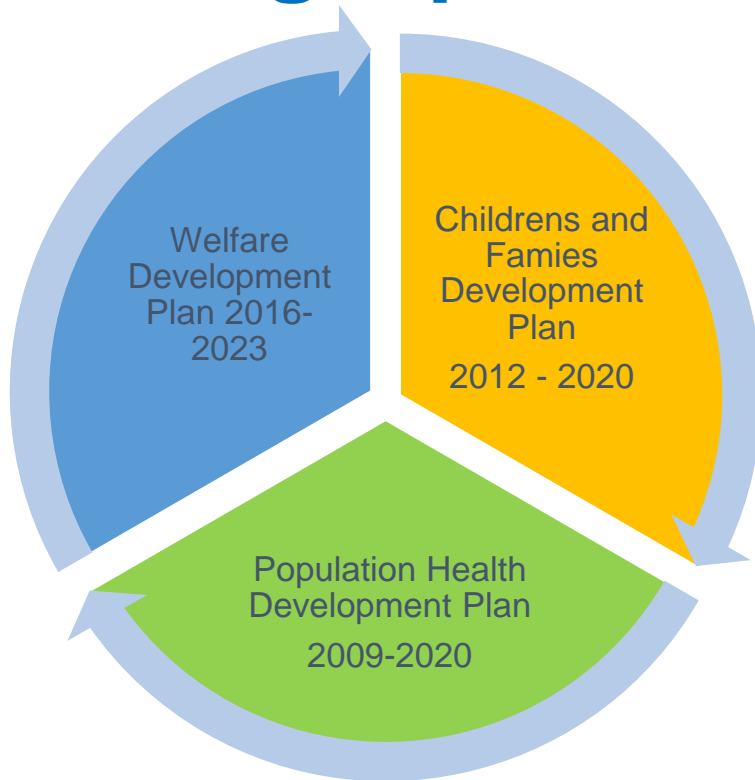


Source: Eurostat

W. Foo, 24/04/2013

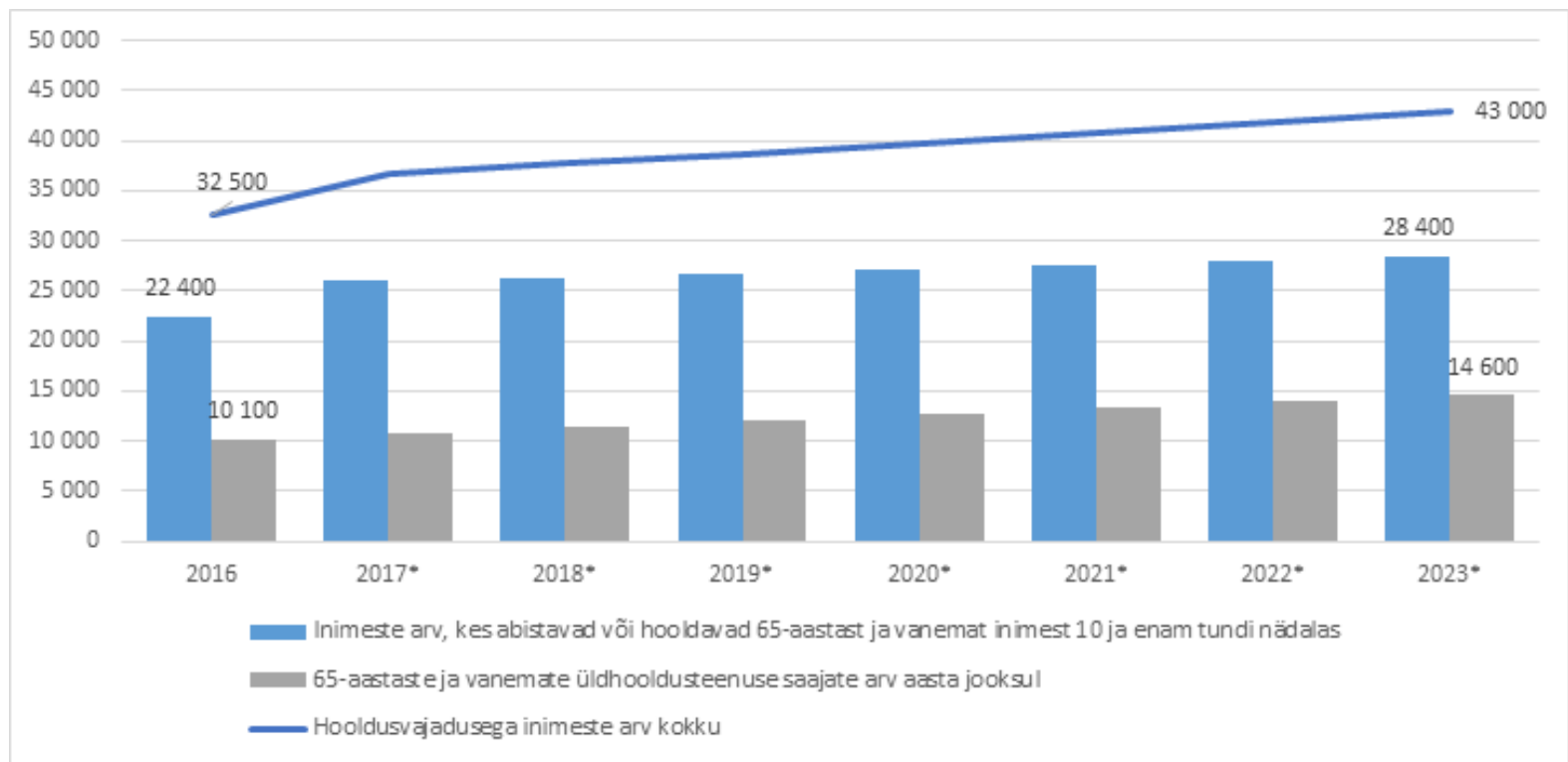
REUTERS

Strategic planning comes first



Increasing need for care

- By 2023 up to 10 000+ elderly needing care



*sihttasemed (2016. aasta tegelik tase)

Different burning issues

- Financing of LTC is fragmented across many sources, including user out-of-pocket payments
- Institutional care absorbs 50% of funding
- Informal carers not adequately supported
- Local municipalities free to define their approach
- LTC spending projected to double by 2060

ACCELERATING COMMUNITY BASED CARE

HUMAN RIGHTS, DIGNITY and INDEPENDENT LIVING THROUGHOUT THE LIFE

Exchange of promising practices, evidence-based innovative solutions and expertise

Set up framework to measure the quality and success of DI

Support launching of structural reforms

Collect comparable data

Initiate public debate and regularly monitor the public opinion

Prevent institutionalisation and promote high-quality home-alike support

Develop suitable needs-assessment and provide innovative tailor-made support accordingly

Involve and empower communities by using smart solutions

Provide employment for people from residential institutions and care sector

SUPPORTIVE INFRASTRUCTURE and LIVING ENVIRONMENT

Necessary to:

- increase support for informal carers
- continue to strengthen local governments' capacity to deliver services, monitor and report on outcomes.
- health and social care integration
- development of community-based, institutional and to carers directed integrated services

LTC reform – not only spending

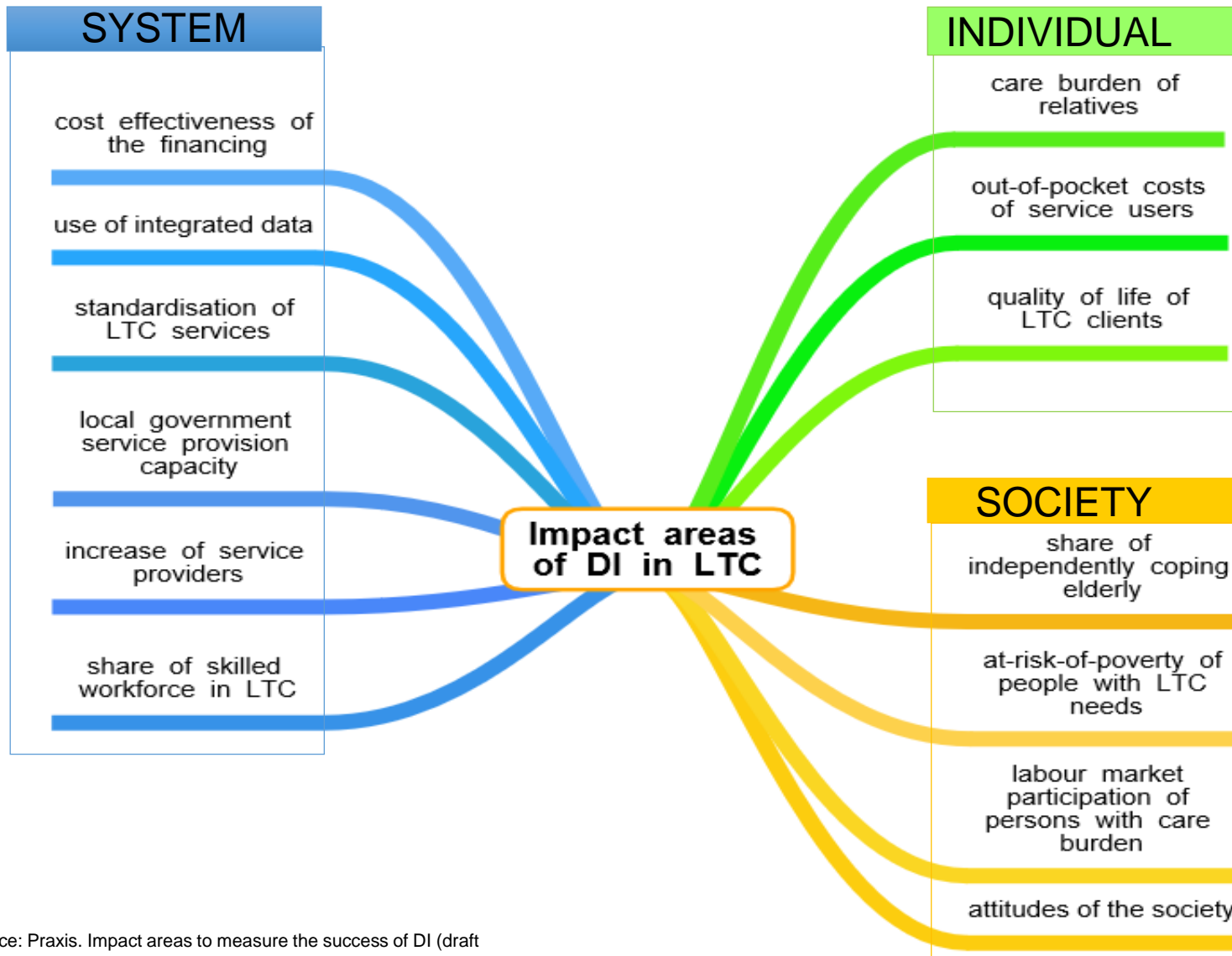


- 127 to 188
million Euros
per year



+ 22 to 110
million Euros
per year

MEASURING THE SUCCESS



Summary/conclusions

- LTC/DI needs a systematic approach and a solid strategy
- Social protection should be seen as an investments into human capital
- Smart interaction between social and economic policies
- DI as a tool for economic growth – more emphasis!



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Thank you!

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