

## PEER REVIEW

14<sup>th</sup>-15<sup>th</sup> September  
Athens, Greece

### Pre-meeting questions

#### Feedback from NOE, Hungary

On Sept 14-15, you will attend the Peer Review meeting of the platform Live Without Bullying.

Prior to the meeting, we would appreciate your thoughts on the following subjects:

1. What examples have you seen regarding the importance of anonymity/technology in anti-bullying measures?

- long term, regularly surveys  
- coordinated work between social indicating system (parents, schools, police, GPs, etc.)

2. What best practices have you encountered in expanding children's knowledge about their rights or what bullying means?

- Rights: speak about safer internet using, what kind of activities can be punished, how to use social media in the private life.

- Bullying means: talk about the "new" phenomenon: bullying in general and cyberbullying. What type of bullies could they face with (harassment, impersonation, exclusion, cyberstalking, cyberbullying, happy slapping, defamation, identity theft, abetting or procuring a suicide, threatening, etc.)<sup>1</sup>

Discuss about dangerous pitfalls in all kind of relationships.

3. What programs or policies have you identified that educate children and their parents in life skills, such as communication tools, empathy and more?

*Improve children: emotional intelligence and skills, selfness, problem and conflict management, emotional safety from infancy. Teach how to be a responsible person, how to protect themselves; face with problems and learn how to solve it - from the very beginning of childhood, develop expressing skills, communication. <sup>2</sup> Learning by doing - practicing the good behaviors, thinking methods..*

<sup>1</sup> In: PARTI KATALIN: *A megfélemlítés (bullying) szabályozása Magyarországon és külföldön*, In Medias Res, 2016/1

<sup>2</sup> Cf. <http://ryanpatrickhalligan.org/>

*Improve parents: how to be a 'good enough' parent. About bullying - how to detect and prevent their children. Parents' guide (practice of KiVa program).*

*In schools: early detection! Permanent team of teachers, educational workers. Develop school life, environment*

4. What are some of the challenges that you believe an anti-bullying programme may encounter?

- Anti-bullying programs can be too generous, without deep and long term solutions.
- Helplines, hotlines - are they used?
- Few information about well-functioning programs
- Few participation of young people in the decision making.
- Criminal law: not generous arrangement about definition of bullying/cyberbullying.

5. What would be an indicator of success for an anti-bullying programme?

*Long term statistics. Investigating schools, families, not just bullied children.*

6. How anti-bullying programmes can be inclusive to the needs of all children and promote diversity?

*Improve self-knowledge, self confidence, narrowed thinking, responsibility, EQ, tolerance, other social skills. A good anti-bullying program has a good effect on children's future life, decisions, identity.*

7. Is there anything that you have seen in other European anti-bullying programs that will provide a benefit to Live Without Bullying?

*I've heard, read about:*

- a) Olweus Bullying Prevention Program  
([http://www.violencepreventionworks.org/public/olweus\\_bullying\\_prevention\\_program\\_page](http://www.violencepreventionworks.org/public/olweus_bullying_prevention_program_page))
- b) Threat Assessment of Bullying Behavior in Youth (Bulgaria, <http://ing.tabby.eu/> )
- c) Michal Kolár's national anti-bullying program in Croatia  
<http://beyondbullies.org/2016/07/warning-signs-of-bullying-an-interview-with-internationally-recognized-bullying-expert-michal-kolar/>
- d) VERSO conflict management in education, Finland - mediation: <http://www.ssf-ffm.com/vertaisovittelu/index.php?id=IN%20ENGLISH>
- e) Police in the social media, Finland  
[http://www.poliisi.fi/finnish\\_police/police\\_in\\_the\\_social\\_media](http://www.poliisi.fi/finnish_police/police_in_the_social_media)
- f) Other: Movie: Amateur teens (CH)  
Musical: Bing drinking (HU) classroom problems - true story elaborated by classmates, victims.
- g) Parents who have lost their child to suicide talk about dangers, etc. in schools...

**Most important: everything begins from little childhood, in families - strengthen them!**